

OPEN LETTER TO WASHINGTON POST ON THE USA PROJECT TO  
VACCINATE CHILDREN ANTI\_COVID 19



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Giuseppe R.Brera

We are informed that Joe Biden, the USA President, wants to promote children and adolescents' mRNA vaccination against SARS-COV 2.

M-RNA vaccines alter micro-RNA in any cell, and in such a way, the delicate work to silence RNA that in the case of the epigenetic balance alteration could induce tumors and other severe pathologies. Moreover m.RNA vaccines increase the cell methylome associated with cancer. We do not know the effect of micro-RNA alterations in neurons. Cognitive disorders, behavior alterations, and Alzheimer's induction could be probable. In any case, we need long-term epidemiological investigations that have been omitted by BIG-PHARMA, whose experimental trials quality has been very criticized. Micro-RNA are fundamental for health, and their alteration could be catastrophic for public health. We are underestimating the effects of epigenetic changes of mRNA vaccines on micro RNA, exposing vaccinated people to adverse effects. A winning alternative to prevent further pandemics due to SARS-COV 2 mutation or other viruses is to promote primary and secondary prevention by inducing a natural antiviral metabolic reprogramming ( antiviral allostasis) through diet and immunostimulation (AAVIS). Lack of the adoption of Person-Centered change of Medicine epistemology founding the health concept intended as "The choice of the best possibilities for being the best human person," was at the origin of the wrong strategy to cope with the

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pandemic's beginning. Restrictions of human rights produced preventive effects, as Claudio Violato depicted recently, but costs for people's mental health, work, and the economy have been high. This strategy against human rights instituted a new health political power, like an Orwellian culture, but less effective than an easily accessible health education to AAVIS, also inducing cross prevention against other communicable and non-communicable diseases like cancer. Freedom and health are already inseparable at the experimental level, as psycho-neuro endocrine immunology depicted according to the significant contribution of Mark Laudenslager. Closing allostasis possibilities means reducing natural immunity. Freedom is the basis of a healthy allostasis, the Sterling and Heyer's physiology revolution forgotten by Nobel prize attribution and not yet known by almost physicians and investigators. Allostasis is the basis of the interactionist and teleonomic person-centered revolution of the Medicine paradigm and health concept change that WHO omitted to formalize because of a "Donkey syndrome" pandemic. Health is relative to the interpretation quality of experience possibilities, which determines choices and lifestyle and starts from individual freedom and dignity.

Conversely, WHO and most anti-COVID 19 illiterate committees applied an outdated mechanistic conception of Medicine based on the linear causality:virus-infection -death risk while to date, the fundamental medicine paradigm is multidimensional and multifactorial based on the person-centered advances and revolution of biomedical science, primarily Allostasis, Neurobiology, Psychoneuroendocrineimmunology, Epigenetics, Affect science. *Medicine and public health must interpret any pathology as the lack of people's health protective factors.* A public health strategy to prevent a pandemic should adopt the following multidimensional and multifactorial alphabet = A -pathogen, B . allostasis-C - natural immunity, D -infection risk, E disease risk, F -early therapy, G worsening risk, H death risk. By increasing B and C, allostasis, and immunity-based people resources, we can prevent and block pandemics. This strategy means creating a healthy lifestyle, starting from nutrition quality, education, early health care, and prevention possibilities, omitted in the SARS-COV 2 pandemic. Without the Person-Centered A-B-C, the Medicine alphabet

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non-known by illiterate public health officers or most virologists, any advance of biomedical science, clinical medicine, and medical education is impossible. To date, people worldwide are dependent on health merchants who want to profit from people's diseases. They have been able to falsify scientific data like Smith&Kline in 2004, which received a penalty of 250 million dollars from the FDA. Bio-tech messianism is not the future of Medicine and public health if we want to build effective person-centered prevention.

Investigation on SARS-COV 2 depicts that there is also a limited possibility of DNA alterations. Human DNA hybridization with heterologous DNA is standard with vectorial vaccines (Astra-Seneca-Johnson). The short-term and long-term adverse effects could be hazardous because of DNA hybridization- which is transmissible to progeny-mainly at a young age for intense immunity reactions and fatal consequences due to the closeness of corona- adenoviruses viruses infections. (immune-complex syndrome), like occurred to a healthy girl in Italy who died after Astra-Seneca inoculation.

Moreover, what happens if the DNAs neurons of a government or public and private deans are hybridized with a chimpanzee's DNA adenovirus or their brain is altered by mRNA vaccines. ? In Italy, healthy adolescents died because of m-RNA and Astra.Seneca vaccination-induced by government and regions' illiterate people. We need deep and honest epidemiological investigations that BIG-PHARMA omitted. Their problem is only to sell vaccines.

Anti-SARS-COV 2 vaccination of children and adolescents is a crime against humanity. According to epidemiology, they are not at risk of COVID-19 and asymptomatic and, if vaccinated, can be submitted to dangerous adverse effects up to death, as the USA Center for Prevention depicted. In the USA, the death of fourteen adolescents, otherwise alive, has been signaled. In the 0-29 age range, the case-fatality ratio from COVID-19 is close to zero because the young people's natural immunity is not disturbed by cell membranes lipidic transformation as in older people, where transduction of immunity signals is altered.

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Inducing children and young people's parents to authorize anti-SARS-COV vaccination is not a "Love act" as "pope" Francis written but exposes them to unuseful dangerous risks.

Moreover, the asymptomatic infection in young people promotes herd immunity like living vaccines and produces a long-lasting immunity. It is beneficial for the pandemic shutdown. The infection ratio is half of symptomatic, and one investigation that traced 420 contacts of an asymptomatic did not find any COVID-19.

As President of the World Health Committee and in Italy as President of the Italian National Health Committee, I have launched *the Antiviral Allostasis and Immunostimulatory Stimulation* (AAVIS) campaign inspired by Person-Centered Medicine, the paradigm change of medical science and Medicine, which introduced the paradigm of People and Person-Centered Prevention also in the light of the formulation of the SARS-COV 2 infection relativity theory.

We started to propose AAVIS to the Russian, USA, and Romania Presidents. In Italy, we did not find an audience by a government engaged in delusional law acts introducing a people's discrimination and control through a "green pass" testifying a vaccination against SARS-COV 2, which does not prevent contagions but only a severe COVID-19 only in people older than 0-39. Moreover, because of immunosenescence in the oldest people, vaccination is effective only for a few weeks, and it requests a change of the prevention strategy toward AAVIS

Considering mRNA vaccines' and viral vectors' epigenetic and genetic adverse effects, respectively, inducing a third and tomorrow more boosting is a dangerous sanitary delusion but blessed by BIG-PHARMA marketing plans.

Recently the Nobel Prize Luc Montagner recommended high prudence in the genetic vaccine use., confirmed by induction of genetic and epigenetic alterations. Considering the

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virus's rapid mutations like HIV, we must change preventive strategy by adopting the person-centered antiviral allostasis and immunostimulatory paradigm, which increases the freedom and responsibility-based public health, natural partner of innate immunity, superior to artificial induction of immunity from experimental vaccines with a short- time-limited immunity and adverse effects. Vaccines indeed induced a lower case/fatality ratio, but this kind of strategy, in any case, should be restricted only to people older than 29 and could induce a pandemic of adverse effects, blessed by health merchants.

SARS-COV 2 could be easily neutralizable by AAVIS, determining a rapid and accessible shutdown of pandemic worldwide without dangerous mass vaccination and consequent adverse effects, also protecting from other pathogens and SARS-COV 2 mutations. AAVIS is cheap and inexpensive because founded on an effective antiviral diet and nutraceuticals. If diffused through health education could be decisive for COVID-19 and also adverse effects of vaccines prevention. AAVIS could be easily realized through media and induce cross-prevention against other communicable and non-communicable diseases like cancer.

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